

MENU PLAN

Trip Location: _____ Dates: _____

Total Number of Participants: _____

Breakfast

Trip Day	Food Items	Quantity per Person	Total Quantity
Day 1			
Day 2			
Day 3			
Day 4			
Day 5			
Day 6			
Day 7			

LUNCH

Trip Day	Food Items	Quantity per Person	Total Quantity
Day 1			
Day 2			
Day 3			
Day 4			
Day 5			
Day 6			
Day 7			
Trail Mix			

